



# Comprehensive yet Easy-To-Follow Materials For the **PREVENTION AND MANAGEMENT OF TYPE 2 DIABETES** **IN INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES**

Launched in 2006 with funding from The Horizon Foundation for New Jersey, The Arc of New Jersey's **Diabetes Awareness and Education Project** has produced media materials intended to educate individuals with developmental disabilities and their caregivers regarding important steps that can be taken toward the prevention and control of Type 2 Diabetes, including changes in diet and exercise habits and regular monitoring by a health care professional. We have recently updated and reprinted these materials and they are now available in a combination English/Spanish booklet and a Spanish-subtitled DVD. Please use this order form to order the materials. **THERE IS NO CHARGE FOR INDIVIDUAL COPIES OF THESE MATERIALS, however, POSTAGE CHARGES WILL APPLY FOR REQUESTS GREATER THAN 1 BOOKLET.**

## Valuable Resources for Individuals with Developmental Disabilities

*As well as those who support them, including:*

- ✓ Families and Guardians
- ✓ Health care providers
- ✓ Group homes
- ✓ Service organizations
- ✓ Day programs
- ✓ Government agencies

## INDIVIDUAL COPIES AVAILABLE FREE OF CHARGE\*

To order any of these materials, please forward the following information to **Beth Moffitt**:

**The Arc of New Jersey ♦ 985 Livingston Avenue ♦ North Brunswick, NJ 08902**  
**PHONE: 732.246.2525, x35 ♦ FAX: 732-784-6397 ♦ EMAIL: [jlynch@arcnj.org](mailto:jlynch@arcnj.org)**

Your Name: \_\_\_\_\_

Organization Name: \_\_\_\_\_  
(if applicable)

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone/Email: \_\_\_\_\_  
\_\_\_\_\_

Please send me \_\_\_\_\_ DVD copies of 30-minute educational film (with Spanish subtitles) *Diabetes: Prevention, Control and Management* -  
(quantity)

Please send me \_\_\_\_\_ Copies of DIABETES BOOKLET in ENGLISH/SPANISH  
(quantity)

**\* POSTAGE CHARGES WILL APPLY FOR 2 OR MORE COPIES.**



*The Horizon Foundation for New Jersey*



*The Horizon Foundation for New Jersey promotes health, well-being, and quality of life in New Jersey's communities. The goals of the foundation are to improve the health of New Jersey residents by promoting quality health-related prevention and education programs, and increasing access to primary health care, and to enhance arts and cultural opportunities for New Jersey residents.*