

EXAMPLES OF THE PROGRAM'S ADVOCACY*:

- A parent has difficulty locating an MCO dentist to provide the necessary treatment for a family member.*
- A doctor's request for medically necessary care (such as private duty nursing) for a medically fragile person with I/DD has been denied, or the hours reduced, by the MCO.*
- A person with I/DD needs physical therapy, but the nearby company that was providing that therapy is no longer in the MCO's network.*
- A person with I/DD needs transportation to a doctor's office. The family does not know that this transportation is provided by a company that is contracted by NJ Medicaid to provide this service.

***NOTE:** We will advocate for the best interests of each individual, but there is never a guarantee of a successful outcome.



HEALTH CARE MATERIALS DESIGNED FOR INDIVIDUALS WITH I/DD

Diabetes Awareness and Education Project

The Diabetes Awareness and Education Project was established through a grant from The Horizon Foundation for New Jersey. A 29-page Diabetes Guide is available in both English and Spanish. The project also produced a 30-minute educational film in a DVD format, available in both English and Spanish. **The diabetes booklet and DVD are available at no charge.** If multiple copies are requested, there may be a shipping charge. The DVD and booklet are available for download on our website at:

www.mainstreamingmedicalcare.org

Let's Talk About Health: Three Booklets About Cancer

With a grant from The Horizon Foundation for New Jersey, we developed three Let's Talk About Health booklets, on cancer of the breast, colon, and prostate. The focus of each booklet is: Health Screenings that Detect Cancer and Lifestyle Choices that May Help Reduce the Risk of Developing It. The cancer booklets are available at no charge. If multiple copies are requested, there may be a shipping charge. The booklets are available for download on our website at:

www.mainstreamingmedicalcare.org

Let's Talk About Health: What Every Woman Should Know

Our program developed a Women's Health DVD, designed to explain to women with I/DD why a gynecologic exam is important for all women, and what takes place during the exam. The DVD can be purchased for \$19.95.

To request any of these materials, please call **732.246.2525, ext. 35** or email info@arcnj.org.

985 Livingston Avenue • North Brunswick, NJ 08902
732.246.2525 • Fax: 732.214.1834
www.arcnj.org

The Arc of New Jersey Mainstreaming Medical Care Program

*Advocating for Quality Health Care
for Individuals with Intellectual and
Developmental Disabilities*




The Arc.
of New Jersey

Mainstreaming Medical Care
is a special program of The Arc of New Jersey
and is funded by
The New Jersey Division of Developmental Disabilities

THE MAINSTREAMING MEDICAL CARE PROGRAM HAS AN EXCELLENT REPUTATION THROUGHOUT NEW JERSEY FOR HEALTH CARE ADVOCACY ON BEHALF OF PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES. WE PROVIDE:

- Information and advocacy on the NJ Division of Developmental Disabilities (DDD) policy requiring Medicaid eligibility, as well as information on Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Disabled Adult Child (DAC) status, and NJ Medicaid -- including Medicaid Expansion.
- Information and advocacy on NJ's Medicaid managed care organizations (MCOs) for individuals with intellectual and developmental disabilities (I/DD) who experience a problem in accessing medical, dental, or mental health services from their MCO.
- Information and advocacy for persons with I/DD who have both Medicare and Medicaid benefits-- the "dual eligibles," including the Medicare managed care program known as Dual Eligible Special Needs Program or D-SNP.
- Information and advocacy for persons who are dually diagnosed with both a developmental disability and a mental health disorder.
- Participation on statewide committees that make recommendations on how to improve health care services for persons with I/DD.

- Annual health care conference in late Spring that focuses on the most current and relevant information on medical, dental, and behavioral health care for persons with I/DD. This conference is for health care professionals, provider agency staff, educators, personnel from government agencies, family members and other caregivers.
- Distribution of **Healthy Times** - a free, electronic health care newsletter for health care professionals, caregivers, and everyone interested in improving health care for persons with I/DD. To sign up for the newsletter or to download archived copies, please go to our website at **www.mainstreamingmedicalcare.org**
- Health promotion and wellness materials for persons with I/DD.

