



Referral Information/Assistance for Adults with Developmental Disabilities

Ocean County

Disability Assistance:

The Arc of Ocean County: Provides supports and services to individuals with intellectual/developmental disabilities (I/DD) residing in Ocean County.

Hours of Operation: 9am – 5pm Phone: (732) 363-3335

The Arc of NJ - Criminal Justice Advocacy Program (CJAP): Provides alternatives to incarceration on behalf of individuals with intellectual/developmental disorders.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 246-2525 ext. 36

Division of Developmental Disabilities (DDD): Provides services to adults with intellectual and developmental disabilities (I/DD) age 21 and older that are registered with their agency.

Hours of Operation: 9am – 4:30pm Phone: (732) 863-4500 After hours: (609) 292-1922

Division of Disability Services (DDS): Provides information and referrals to individuals that have become disabled as adults.

Hours of Operation: 24/7 Phone: 1 (888) 285-3036

Family Resource Network: Provides resources geared towards families with a special needs child.

Hours of Operation: 9am – 5pm Phone: (732) 262-8020 or (800) 376-2345

Integrated Service Delivery Team (ISDT): Addresses the unique challenges of dually-diagnosed (developmentally disabled/mentally ill) individuals residing in the community.

Hours of Operation: 9am – 5pm Phone: (732) 681-4999

Mom2Mom: Helpline that offers peer support, telephone assessments, referral services and support groups to a parent of a child with special needs.

Hours of Operation: 24/7 Phone: (877) 914-MOM2 (6662)

Statewide Clinical Consultation and Training Program (SCCAT): Trinitas Hospital Hotline for consultations for people with Dual Diagnoses (mental illness and Intellectual/developmental disabilities) experiencing a behavioral crisis.

Hours of Operation: 24/7 Phone: (888) 393-3007 * call can be made en route *

Abuse & Neglect Assistance:

Adult Protective Services: Investigates allegations of abuse/neglect of individuals that are frail/disabled.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 286-5819

After Hours: (732) 240-6100 or (609) 693-5834 Hotline (child under 18): 1 (877) NJ-ABUSE (652-2873)

Community Assistance:

Board of Social Services: Provides welfare assistance to low income individuals.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 349-1500 (ask for in-take worker)

CONTACT: Provides free confidential crisis intervention, information on available resources, and referrals to community services.

Hours of Operation: 24/7 Information/Referral: (732) 240-6105

Crisis Hotline: (732) 240-6100 or (609) 693-5834

NJ211: Provides information and referrals to individuals that need assistance with finding community services.

Hours of Operation: 24/7 Phone: 211

Law Enforcement Assistance:

COP2COP: Helpline for (active/retired) NJ Law Enforcement Officers & Families in crisis or experiencing a personal/professional issue.

Hours of Operation: 24/7 Phone: (866) COP-2-COP * This call is anonymous *

Crisis Assistance:

Monmouth Medical Center (formally Kimball) - Screening Center: Provides mental health services including assessment, emergency and referral services to an individual in crisis.

* contact SCCAT for individuals with developmental disabilities call can be made en route *

Hours of Operation: 24/7 Hotline: (732) 886-4474 SCCAT: (888) 393-2007

Mental Health Assistance:

Collaborative Support Programs of New Jersey (CSPNJ): Peer-Run hospital diversion program providing outreach & respite services.

Hours of Operation: 9am – 5pm Phone: (732) 460-1280 or (800) 721-3129

Justice Involved Services (JIS): Operating under Preferred Behavioral Health (PBH)/Ocean Mental Health Services (OMHS) this program is designed to assist individuals with mental illness that become involved in the criminal justice system.

Hours of Operation: 9am – 5pm PBH Phone: (732) 323-3664 OMHS Phone: (732) 281-1658 ext. 3

Mental Health Association (MHA): Provides advocacy, treatment, peer groups and support services to individuals with mental illness (MI).

Hours of Operation: 9am – 5pm Phone: (732) 914-1546 or (800) 367-8850

National Alliance on Mental Illness (NAMI): Provides education, support, advocacy & public awareness for individuals & families affected by Mental Illness (MI).

Hours of Operation: 24/7 Phone: (732) 244-4401 Helpline: (800) 950-6264

NJ Hopeline: Confidential prevention hotline available to anyone in a suicidal crisis or emotional distress.

Hours of Operation: 24/7 Phone: 1 (855) NJ-HOPELINE (654-6735)

SAMHSA's National Helpline: Helpline that provides free and confidential referrals for treatment in the community.

Hours of Operation: 24/7 Phone: 1 (800) 662-HELP (4357)

Preventative Crisis Assistance:

Early Intervention Support Services (Crisis Intervention Services): Operating under Ocean Mental Health Services (OMHS), this program provides an alternative to a crisis unit hospitalization.

Hours of Operation: 24/7 Phone: (732) 240-376



Referral Information/Assistance for Adults with Developmental Disabilities

Monmouth County

Disability Assistance:

The Arc of Monmouth County: Provides supports and services to individuals with intellectual/developmental disabilities (I/DD) residing in Monmouth County.

Hours of Operation: 9am – 5pm Phone: (732) 493-1919

The Arc of NJ - Criminal Justice Advocacy Program (CJAP): Provides alternatives to incarceration on behalf of individuals with intellectual/developmental disorders (I/DD).

Hours of Operation: 8:30am – 4:30pm Phone: (732) 246-2525 ext. 36

Division of Developmental Disabilities (DDD): Provides services to adults with intellectual and developmental disabilities (I/DD) age 21 and older that are registered with their agency.

Hours of Operation: 9am – 4:30pm Phone: (732) 863-4500 After hours: (609) 292-1922

Division of Disability Services (DDS): Provides information and referrals to individuals that have become disabled as adults.

Hours of Operation: 24/7 Phone: 1 (888) 285-3036

Family Resource Network: Provides resources geared towards families with a special needs child.

Hours of Operation: 9am – 5pm Phone: (800) 376-2345

Integrated Service Delivery Team (ISDT): Addresses the unique challenges of dually-diagnosed (developmentally disabled/mentally ill) individuals residing in the community.

Hours of Operation: 9am – 5pm Phone: (732) 681-4999

Mom2Mom: Helpline that offers peer support, telephone assessments, referral services and support groups to a parent of a child with special needs.

Hours of Operation: 24/7 Phone: (877) 914-MOM2 (6662)

Statewide Clinical Consultation and Training Program (SCCAT): Trinitas Hospital Hotline for consultations for people with Dual Diagnoses (mental illness and Intellectual/developmental disabilities) experiencing a behavioral crisis.

Hours of Operation: 24/7 Phone: (888) 393-3007 * call can be made en route *

Abuse & Neglect Assistance:

Adult Protective Services (APS): Investigates allegations of abuse/neglect of individuals that are frail/disabled.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 531-9191 After Hours: (732) 531-9191

Hotline (child under 18): 1 (877) NJ-ABUSE (652-2873)

Community Assistance:

Board of Social Services: Provides welfare assistance to low income individuals.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 431-6000 (ask for in-take worker)

CONTACT: Provides free confidential crisis intervention, information on available resources, and referrals to community services. Hours of Operation: 24/7 Information & Referral: (732) 240-6105
Crisis Hotline: (732) 240-6100 or (609) 693-5834

NJ211: Provides information and referrals to individuals that need assistance with finding community services.
Hours of Operation: 24/7 Phone: 211

Law Enforcement Assistance:

COP2COP: Helpline for (active/retired) NJ Law Enforcement Officers & Families in crisis or experiencing a personal/professional issue.
Hours of Operation: 24/7 Phone: (866) COP-2-COP * This call is anonymous *

Crisis Assistance:

Centra State Medical Center - Screening Center: Provides mental health services including assessment, emergency and referral services to an individual in crisis.
* contact SCCAT for individuals with developmental disabilities call can be made en route *
Hours of Operation: 24/7 Hotline: (732) 294-2595 SCCAT: (888) 393-2007

Mental Health Assistance:

Collaborative Support Programs of New Jersey (CSPNJ): Peer-Run hospital diversion program providing outreach & respite services.
Hours of Operation: 9am – 5pm Phone: (732) 460-1280 or (800) 721-3129

Justice Involved Services (JIS): Operating under CPC Behavioral Health, this program is designed to assist persons with mental illness who become involved in the criminal justice system.
Hours of Operation: 9am – 5pm Phone: (732) 780-2012 ext. 6245

Mental Health Association (MHA): Provides advocacy, treatment, peer groups and support services to individuals with mental illness (MI).
Hours of Operation: 9am – 5pm Phone: (732) 542-6422 or (800) 367-8850

National Alliance on Mental Illness (NAMI): Provides education, support, advocacy & public awareness for individuals & families affected by Mental Illness (MI).
Hours of Operation: 24/7 Phone: (732) 462-6448 Helpline: (800) 950-6264

NJ Hopeline: Confidential prevention hotline available to anyone in a suicidal crisis or emotional distress.
Hours of Operation: 24/7 Phone: 1 (855) NJ-HOPELINE (654-6735)

SAMHSA's National Helpline: Helpline that provides free and confidential referrals for treatment in the community.
Hours of Operation: 24/7 Phone: 1 (800) 662-HELP (4357)

Preventative Crisis Assistance:

Early Intervention Support Services (Crisis Intervention Services): Operating under Monmouth Medical Center, this program provides an alternative to a crisis unit hospitalization.
Hours of Operation: 24/7 Phone: (732) 922-1042 or (800) 300-0628

Counseling Assistance:

YMCA Monmouth Co. Counseling Services: Provides sliding scale counseling to Monmouth co residents.
Hours of Operation: 9am – 5pm Phone: (732) 544-4544



Referral Information/Assistance for Adults with Developmental Disabilities Middlesex County

Disability Assistance:

The Arc of Middlesex County: Provides supports and services to individuals with intellectual/developmental disabilities (I/DD) residing in Middlesex County.

Hours of Operation: 9am – 5pm Phone: (732) 821-1199

The Arc of NJ - Criminal Justice Advocacy Program (CJAP): Provides alternatives to incarceration on behalf of individuals with Intellectual/Developmental Disorders (I/DD).

Hours of Operation: 8:30am – 4:30pm Phone: (732) 246-2525 ext. 36

Division of Developmental Disabilities (DDD): Provides services to adults with intellectual and developmental disabilities (I/DD) age 21 and older that are registered with their agency.

Hours of Operation: 9am – 4:30pm Phone: (609) 292-1922 After hours: (609) 292-1922

Division of Disability Services (DDS): Provides information and referrals to individuals that have become disabled as adults.

Hours of Operation: 24/7 Phone: 1 (888) 285-3036

Family Resource Network: Provides resources geared towards families with a special needs child.

Hours of Operation: 9am – 5pm Phone: (973) 244-0850 / (800) 376-2345

Integrated Service Delivery Team (ISDT): Addresses the unique challenges of dually-diagnosed (developmentally disabled/mentally ill) individuals residing in the community.

Hours of Operation: 9am – 5pm Phone: (908) 497-0922

Mom2Mom: Helpline that offers peer support, telephone assessments, referral services and support groups to a parent of a child with special needs.

Hours of Operation: 24/7 Phone: (877) 914-MOM2 (6662)

Statewide Clinical Consultation and Training Program (SCCAT): Trinitas Hospital Hotline for consultations for people with Dual Diagnoses (mental illness and Intellectual/developmental disabilities) experiencing a behavioral crisis.

Hours of Operation: 24/7 Phone: (888) 393-3007 * call can be made en route *

Abuse & Neglect Assistance:

Adult Protective Services (APS): Investigates allegations of abuse/neglect of individuals that are frail/disabled.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 745-3635

Hotline (child under 18): 1 (877) NJ-ABUSE (652-2873)

Community Assistance:

Board of Social Services: Provides welfare assistance to low income individuals.

Hours of Operation: 8:30am – 4:30pm Phone: (732) 745-3500 (ask for in-take worker)

CONTACT: Provides free confidential crisis intervention, information on available resources, and referrals to community services.

Hours of Operation: 24/7 Information & Referral: (908) 301-1899 Crisis Hotline: (908) 232-2880

NJ211: Provides information and referrals to individuals that need assistance with finding community services.

Hours of Operation: 24/7 Phone: 211

Law Enforcement Assistance:

COP2COP: Helpline for (active/retired) NJ Law Enforcement Officers & Families in crisis or experiencing a personal/professional issue.

Hours of Operation: 24/7 Phone: (866) COP-2-COP * This call is anonymous *

Mental Health Assistance:

Collaborative Support Programs of New Jersey (CSPNJ): Peer-Run hospital diversion program providing outreach & respite services.

Hours of Operation: 9am – 5pm Phone: (732) 354-4403

Justice Involved Services (JIS): Operating under University Behavioral Health Care, this program is designed to assist persons with mental illness who become involved in the criminal justice system.

Hours of Operation: 9am – 5pm Phone: (732) 235-6183

Mental Health Association (MHA): provides advocacy, treatment, peer groups and support services to individuals with mental illness (MI).

Hours of Operation: 9am – 5pm Phone: (800) 367-8850

National Alliance on Mental Illness (NAMI): Provides education, support, advocacy & public awareness for individuals & families affected by Mental Illness (MI).

Hours of Operation: Phone: Helpline: (800) 950-6264

NJ Hopeline: Confidential prevention hotline available to anyone in a suicidal crisis or emotional distress.

Hours of Operation: 24/7 Phone: 1 (855) NJ-HOPELINE (654-6735)

SAMHSA's National Helpline: Helpline that provides free and confidential referrals for treatment in the community.

Hours of Operation: 24/7 Phone: 1-800-662-HELP (4357)

Crisis Assistance:

Raritan Bay Medical Center - Screening Center: Provides mental health services including assessment, emergency and referral services to an individual in crisis.

* contact SCCAT for individuals with developmental disabilities call can be made en route *

Hours of Operation: 24/7 Hotline: (732) 442-3794 SCCAT: (888) 393-2007

Preventative Crisis Assistance:

Early Intervention Support Services (Crisis Intervention Services): Operating under University Behavioral Healthcare North, this program provides an alternative to a crisis unit hospitalization.

Hours of Operation: 24/7 Phone: (732) 235-4422