



Dear Colleague,

On January 12, 2018, officials at the federal Centers for Disease Control and Prevention (CDC) provided an update on the current severe flu season. Please see the article below from National Public Radio (NPR).

[NPR: Flu Season Is Shaping Up To Be Nasty, CDC Says](#)

The United States appears to be in the midst of an unusually severe flu season, officials at the federal Centers for Disease Control and Prevention said Friday. The flu season started early, which is never a good sign, and the flu is already widespread throughout the country, the CDC's latest report shows. Half of states are reporting especially intense flu activity. (Stein, 1/12)

From the Centers for Disease Control and Prevention (CDC) website: Medical conditions that cause people to be at high risk for developing flu-related complications include: Neurological and neurodevelopmental conditions, including cerebral palsy, epilepsy, intellectual disability, and moderate to severe developmental delay.

Please see this link for the complete CDC website listing of medical conditions that are associated with a higher risk for flu-related complications:

https://www.cdc.gov/flu/about/disease/high_risk.htm

Please contact a health care provider with any concerns about individuals with intellectual and developmental disabilities who may have the flu.

Thank you.

Bev

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