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26<sup>th</sup> Annual Conference on Medical Care  
May 29, 2015  
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Exhibiting Opportunities Available

  
**The Arc**  
of New Jersey  
Mainstreaming Medical Care  
985 Livingston Avenue  
North Brunswick, NJ 08902



## 26<sup>th</sup> ANNUAL CONFERENCE ON MEDICAL CARE FOR PERSONS WITH DEVELOPMENTAL DISABILITIES PROMOTING QUALITY HEALTHCARE

FRIDAY, MAY 29, 2015

**WESTIN PRINCETON**  
FORRESTAL VILLAGE • PRINCETON, NEW JERSEY

**SPONSORED BY:**  
MAINSTREAMING MEDICAL CARE  
(A Program of The Arc of New Jersey)

**IN COOPERATION WITH:**  
NJ DIVISION OF DEVELOPMENTAL DISABILITIES  
NJ DIVISION OF MEDICAL ASSISTANCE  
AND HEALTH SERVICES

**WITH EDUCATIONAL GRANTS FROM:**  
AMERIGROUP REAL SOLUTIONS  
HORIZON NJ HEALTH

## CONFERENCE SCHEDULE

**8:00 – 9:00**

**REGISTRATION, CONTINENTAL BREAKFAST AND EXHIBITS**

**9:00 – 9:15**

**WELCOME AND OPENING REMARKS**

**Robert Hage,**

*President, The Arc of New Jersey*

**Thomas Baffuto,**

*Executive Director, The Arc of New Jersey*

**Leone Murphy, RN, MS, CS,**

*Chair, Mainstreaming Medical Care Advisory Board*

**Beverly Roberts, M.Ed.,**

*Director, Mainstreaming Medical Care Program, The Arc of New Jersey*

### PLENARY SESSION 9:15 – 11:15

**9:15 – 9:35**

**INTRODUCTORY REMARKS**

**Elizabeth Connolly,** *Acting Commissioner, New Jersey Department of Human Services*

#### MORNING KEYNOTE ADDRESS 9:35 – 10:35

##### *Detecting Psychoactive Medication Side Effects in Persons with Intellectual Disabilities and Autism Spectrum Disorders*

**Lauren Charlot, LICSW, Ph.D.** is a Developmental Psychologist, working, for nearly 30 years, as a Clinical Director in programs serving individuals with intellectual and developmental disabilities (I/DD). Dr. Charlot is currently the Clinical Director, at NC START East, a program serving adults with intellectual and developmental disabilities and co-occurring mental health disorders and challenging behaviors. She is also an Assistant Professor in the Department of Psychiatry, UMass Medical School, Worcester, MA.

In this Keynote presentation, unique challenges related to the detection of adverse drug events and side effects of psychoactive medications in persons with Intellectual and Developmental Disabilities (I/DD) will be reviewed. Persons with I/DD may be poor reporters of their own health and internal states. Many guidelines rely on the patient complaining that a symptom (a side effect) is causing distress. Some individuals with I/DD may either not complain at all, make unusual complaints or, more commonly, become irritable or sad and engage in challenging behaviors as the only sign of the side effect. Prescribers must rely on informant reports, which may focus primarily on externalizing behaviors as indications that more medication is needed, and may not report subtle changes that would indicate a side effect is provoking challenging behaviors. Some of the most typical side effects of the most commonly prescribed psychoactive medications will be reviewed, with suggestions of ways in which surveillance may be enhanced to increase detection.

**10:35 – 10:55**

**UPDATE ON THE NJ DIVISION OF DEVELOPMENTAL DISABILITIES**

**Elizabeth M. Shea,** *Assistant Commissioner, NJ Department of Human Services, Division of Developmental Disabilities*

**10:55 – 11:15**

**UPDATE ON NJ FAMILYCARE/MEDICAID**

**Valerie J. Harr, MA,** *Director, NJ Division of Medical Assistance and Health Services*

**BREAK: 11:15 – 11:30**

### MORNING WORKSHOPS 11:30 – 12:30

**1.**

#### **DRILLING DOWN: TACTICS FOR INCREASING DETECTION OF PSYCHOACTIVE MEDICATION SIDE EFFECTS IN PERSONS WITH I/DD**

**Speaker: Lauren Charlot, Ph.D.**

In Keynote speaker Charlot's workshop, she will provide more detailed information on detecting medication side effects. Video clips will be used to show frequently missed neuromotor symptoms that are side effects of the most commonly prescribed psychoactive medications. Case examples will be shared to highlight key concerns and how surface features of side effects may be difficult to interpret in patients who do not provide reliable self-reports. An outline of a newly proposed guide will also be reviewed.

**2.**

#### **INTERDISCIPLINARY CARE FOR THE MEDICALLY COMPLEX PERSON WITH A DEVELOPMENTAL DISABILITY: A PANEL DISCUSSION**

**Panelists: John Nevins, D.O.,** *Chatham Family Practice Associates;* **Evan Spivack, DDS,** *Rutgers School of Dental Medicine;* and **Jane Ziegler, DCN, RD, LDN,** *Department of Nutritional Sciences, School of Health Related Professions, Rutgers, The State University of New Jersey*

Patients with developmental disabilities may have complex medical needs requiring a team approach to achieve a good result. This interactive panel discussion will present a case of a person with I/DD, with a complicated medical history, who is suffering from gastroesophageal reflux disease (GERD). Input will be provided from the medical, dental, and nutritional perspectives.

**3.**

#### **INTRODUCTION TO INTEGRATING TECHNOLOGY INTO BEHAVIOR MANAGEMENT TECHNIQUES**

**Speakers: Andrea Quinn, Psy.D.,** *Assistant Project Director/Home and Agency Consultation Division, Project Natural Setting Therapeutic Management (NSTM) at Rutgers University* and **Damian Petino, Psy.D.,** *Assistant Project Director/School Consultation Division, Project NSTM* This workshop will focus on methods of utilizing technology to enhance traditional behavior management strategies, data collection, and caregiver training. A general overview will be provided, with brief demonstrations of select iPad applications and a discussion of additional resources.

**4.**

#### **GUARDIANSHIP: PROTECTIONS, RIGHTS AND EDUCATION**

**Speakers: Joan Kakascik, EdD,** *NJ Psychologist in Private Practice and GANJI Education Institute;* **Simon Azavedo, MSW, LCSW, CCBT, DAPA,** *Private Psychotherapeutic Practice and DDD;* and **Dawn Hamilton,** *Parent Advocate*

Guardianship is associated with human rights through the United Nations Declaration of Universal Human Rights, New Jersey Rights of the Disabled, and the Ethics and Standards of the National Guardianship Association. NJ guardianship and restoration to capacity procedures are outlined. "Where Human Rights Begin" introduces practical, hands-on training opportunities for individuals with I/DD, families, and staff. It is suitable for IHP development and self-advocacy programs. Examples of ethical guardianship are presented. Tailored resources and references will be provided.

5.

## CENTER FOR MEDICARE AND MEDICAID SERVICES: DURABLE MEDICAL EQUIPMENT PROGRAM –DMEPOS (CMS' DURABLE MEDICAL EQUIPMENT, PROSTHETICS, ORTHOTICS, SUPPLIES PROGRAM)

**Speakers:** Paul Velez, MS, Health Insurance Specialist, CMS, Region 2 and Gregg LaRoche, CBIC Liaison, CMS/Competitive Bidding Implementation Contractor

When a Medicare beneficiary needs a wheelchair, wheelchair repair, walker, or other DME, prosthetics, or orthotics item, it must be obtained through the DMEPOS program. This also applies to persons with I/DD who are dually eligible for Medicare and Medicaid. This workshop will provide the necessary information to understand how the DMEPOS program works. Health care professionals, advocates, staff, family members, and medical service providers will learn about this program's importance and success. The program ensures that individuals with I/DD have access to quality medical equipment, supplies, and services from trustworthy suppliers; and helps limit fraud and abuse in the Medicare Program.

**LUNCH: 12:30 – 1:30**

## AFTERNOON KEYNOTE ADDRESS 1:30 – 2:15

*What Do I Do Now? Helping Persons with ID and Dementia  
Live Life to the Fullest*

**E. Adel Herge, OTD, OTR/L, FAOTA** is an occupational therapy professor who specializes in providing services to individuals with intellectual disabilities in both residential and day programs. Dr. Herge is Associate Professor and Director of the Combined BSMS OT Program at Thomas Jefferson University in Philadelphia. She is also an interventionist for Jefferson Elder Care, a dementia service that uses evidence based interventions to improve the daily lives of persons with dementia and their caregivers. Dr. Herge has a special interest and expertise in supporting caregivers in developing their skills in helping persons with ID and dementia lead full meaningful lives. She has co-developed and implemented a variety of innovative training programs with caregivers and is currently modifying an evidence based program for family caregivers for use with staff in group homes.

Providers, families, healthcare professionals and communities that support persons with ID and dementia all face the question "What do I do now?" throughout the journey of caring for a person with ID and dementia. Through this Keynote presentation participants will explore innovative ways to support persons with ID and dementia to live person-centered, quality lives that enhance their participation.

**BREAK: 2:15 – 2:30**

## AFTERNOON WORKSHOPS 2:30 – 3:30

6.

## IMPROVING LIVES OF INDIVIDUALS WITH ID AND DEMENTIA BY BUILDING CAREGIVER SKILLS

**Speakers:** Catherine Verrier Piersol, PhD, OTR/L, FAOTA, Clinical Director for Jefferson Elder Care and Associate Professor in the Department of Occupational Therapy, Thomas Jefferson University, and E. Adel Herge, OTD, OTR/L, FAOTA, Keynote Speaker

This presentation will describe an innovative approach to enhance the skill set of caregivers of adults with ID and dementia. Case examples will illustrate the implementation of an evidence-based caregiver training program delivered by occupational therapists to address the unique needs of adults with ID and dementia living in group homes. Program outcomes will be presented that contribute to the evidence supporting the success of occupational therapy intervention for an underserved population.

7.

## BEHAVIORAL AND NEUROPSYCHIATRIC ASPECTS OF EPILEPSY IN PERSONS WITH I/DD

**Speakers:** Mark Mintz, M.D., President, CEO & Founder The Center for Neurological and Neurodevelopmental Health (CNNH) and the Clinical Research Center of New Jersey (CRCNJ) and Lucille Esralew, Ph.D., Clinical Administrator, Statewide Clinical Consultation and Training (SCCAT) and Statewide Clinical Outreach Program for the Elderly (S-COPE), Trinitas Regional Medical Center

In this workshop, a neurologist and a psychologist review the connection between epilepsy and problem behaviors, and how these issues can complicate care and support. The presenters will offer a systematic approach to the assessment of maladaptive behaviors, diagnosis of epilepsy/seizures, treatment options, and strategies that can improve behavioral and functional outcomes for consumers with I/DD who have concomitant epilepsy and behavioral problems.

8.

## WORK INCENTIVES FOR PERSONS WHO RECEIVE SSI OR SSDI BENEFITS

**Speakers:** David Vinokurov, Manager, Trenton Social Security office and Cynthia Mapp, Employment Specialist, Division of Disability Services, NJ Department of Human Services

Because individuals with I/DD need Medicaid to receive DDD services, keeping one's Medicaid benefit is more important than it was in the past. Persons with I/DD may be afraid to have a job due to the fear of losing Medicaid, SSI, or SSDI benefits. In this workshop, New Jersey's Medicaid Buy-in Program, NJ WorkAbility, will be explained; this program allows individuals with disabilities to earn more income and still keep their Medicaid. An overview of the Social Security Administration's Work Incentives -- as they pertain to both SSI and SSDI cash and healthcare benefits -- will also be provided.

9.

## MLTSS AND PERSONS WITH DEVELOPMENTAL DISABILITIES

**Speakers:** Joseph Bongiovanni, Director, MLTSS and Contract Logistics, Office of Managed Health Care, Division of Medical Assistance and Health Services, NJ Department of Human Services; Elizabeth M. Brennan, Program Manager, Office of Community Choice Options/ MLTSS, NJ Division of Aging Services, and Sara Irizarry, RN, Quality Assurance Coordinator, NJ Division of Developmental Disabilities

A new Medicaid program, Managed Long-Term Services and Supports (MLTSS), began on July 1, 2014, and there have been many questions about MLTSS and individuals with I/DD. The panelists will answer the following questions: Can a person age 21 and older, who receives private duty nursing, also have access to DDD services? If a person who is receiving DDD services is diagnosed with dementia or becomes medically frail, should he/she receive MLTSS services instead? What is the process to request MLTSS, and what services are available? How do the MLTSS services compare to the Community Care Waiver (CCW) services? What is the appeals process?

**THIS CONFERENCE IS DEDICATED TO THE MEMORY OF  
DR. RUSSELL KORMANN.**

**FOR FURTHER INFORMATION, INCLUDING EXHIBITING  
OPPORTUNITIES, PLEASE CONTACT:**

Mainstreaming Medical Care Program,  
Beth Moffitt

Phone: 732-246-2525, ext. 35 • Fax: 732-214-1834  
email: bmoffitt@arcnj.org

Register Here or Online at  
www.mainstreamingmedicalcare.org  
Registration deadline: May 18, 2015

PLEASE PRINT

Name \_\_\_\_\_

Phone \_\_\_\_\_

Affiliation/Title \_\_\_\_\_

APN-C License # and state code,  
if applying for AANP CE credits \_\_\_\_\_

Agency and Address \_\_\_\_\_

E-Mail Address \_\_\_\_\_

### REGISTRATION FEE

Please make checks payable to: *The Arc of NJ*

☐ \$65 includes Continental Breakfast and materials. (If having lunch on your own, restaurants and a food court are available at Forrestral Village.)

☐ \$100 includes Lunch, Continental Breakfast and materials.

☐ Provider Agency Discount: For every 4 registrations from the same non-profit agency, 5th employee attends free (discount applies only to registrants selecting the same registration option: either "lunch" or "no lunch"; please send all registrations together).

☐ Scholarship, no lunch (limited availability—first come, first served—medical students, residents, or others in need; call Beth Moffitt at 732-246-2525 ext. 35 before registering).

### MEAL CHOICE

If having Conference Luncheon, please select one:

☐ Chicken ☐ Vegetarian ☐ Special dietary request. Please specify: \_\_\_\_\_

### PAYMENT INFORMATION

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Credit Card # \_\_\_\_\_ CVV Code \_\_\_\_\_

Signature \_\_\_\_\_

Exp. Date \_\_\_\_\_

☐ Sign language interpreter. Request by May 1st. \_\_\_\_\_

### Workshop Choices

Please circle the number of your  
1st choice a.m. and p.m., and 2nd choice a.m. and p.m.  
Early registration is advised to assure your first choice of workshops.

#### 1<sup>ST</sup> CHOICE

a.m. 1 2 3 4 5  
p.m. 6 7 8 9

#### 2<sup>ND</sup> CHOICE

a.m. 1 2 3 4 5  
p.m. 6 7 8 9

### PLEASE MAIL OR FAX THIS FORM TO:

Mainstreaming Medical Care  
26th Annual Conference - The Arc of New Jersey  
985 Livingston Avenue  
North Brunswick, NJ 08902-1843  
Fax: 732-214-1834

### The Arc and Mainstreaming Medical Care

Established 66 years ago, The Arc of New Jersey is a private not-for-profit organization affiliated with The Arc of the United States and committed to enhancing the quality of life of children and adults with intellectual and developmental disabilities and their families through advocacy, empowerment, education and prevention. The Arc of New Jersey is comprised of a state office and local county chapters serving all 21 NJ counties. Mainstreaming Medical Care is a special program of The Arc of New Jersey that advocates for accessible, quality health care for individuals with intellectual and developmental disabilities in New Jersey. Funding for the program is provided by the New Jersey Division of Developmental Disabilities, and is also made possible through grants and other private donations.

### Conference Objectives

The primary objectives of this conference are:

- 1) To learn ways to increase recognition of common side effects of frequently prescribed psychoactive medications.
- 2) To increase knowledge of state-of-the-art treatment for individuals with I/DD who have medical and/or behavioral health problems.
- 3) To increase knowledge of best practices in caring for individuals with an intellectual disability and dementia.
- 4) To learn about policies and programs at the state and federal levels that pertain to persons with I/DD.

### Audience

This conference is for everyone who is concerned about providing quality health care to individuals with intellectual and developmental disabilities including: health and mental health professionals; administrative and direct care staff at agencies providing services to persons with intellectual and developmental disabilities; family members; social workers; HMO representatives; and employees of the New Jersey Departments of Human Services, Children and Families, and Health.

### Accreditation

Everyone who attends will receive a Certificate of Attendance. Certificates of Attendance will only be distributed at the end of the afternoon workshops. Application for CME credit has been filed with the **American Academy of Family Physicians (AAFP)**. Determination of credit is pending.

This program is pending CE approval with the **American Academy of Nurse Practitioners (AANP)** and the **Commission for Case Manager Certification (CCMC)**.

### Directions to the Westin Princeton Forrestral Village

201 Village Boulevard • Princeton, NJ 08540 • (609) 452-7900

The Westin Princeton is located in the Forrestral Village, on Southbound Route 1 in Princeton, NJ. Please note: Whether you are traveling north or south on Route 1, use the exit marked "Forrestral Village."

For directions, please contact **Beth Moffitt** by phone: **732-246-2525, ext. 35** or email: **bmoffitt@arcnj.org**. The Westin is offering a discounted room rate of \$199 for the evening of May 28th. To reserve a hotel room, call 609-452-7900 and indicate that you will be attending The Arc of New Jersey's conference. **THIS DISCOUNT RATE IS AVAILABLE UNTIL APRIL 28, 2015.**