

# The Self-Advocate

A Newsletter Produced by The New Jersey Self-Advocacy Project Team



May 5, 2015: Members of the New Jersey Statewide Self-Advocacy Network attend a Senate Budget and Appropriations Committee hearing where Acting Commissioner Elizabeth Connolly (center) testified

## **SATURDAY, SEPTEMBER 19, 2015**

### **The 32nd Annual New Jersey Statewide Self-Advocacy Network Fall Conference**

### **“Empowered By Self-Advocacy!”**

Please flip to page 3 for the  
**OFFICIAL REGISTRATION FORM**

**Registration deadline is**  
**Friday, September 11, 2015**

Also included in this issue of **The Self-Advocate**:  
Conference Schedule, Workshop Choices,  
2015 Council Calendars, and T-Shirt Design!

## Conference Schedule

8:30 - 9:30 am	Registration and Continental Breakfast
9:30 - 10:00 am	Welcome and Opening Remarks
10:15-11:15 am	Workshop Session A
11:30-12:30 pm	Workshop Session B
12:30 - 1:30 pm	Lunch is served in the Main Ballroom
1:30 - 2:00 pm	General Session
2:00 - 3:00 pm	Socialize, dance, & network!

## Workshop Choices

All of the following workshops are offered during both Workshop Session A and Workshop Session B. Please indicate your first and second choices for each workshop session on the registration form (page 3).

1. Healthy Relationships & Dating
2. Advocating at Your Individualized Service Plan (ISP) Meetings
3. Housing: Independent Skills, Rights, & Responsibilities
4. Governmental Affairs Education
5. Getting Involved In Your Community
6. Healthy Communication: Working With Your Support Coordinator
7. Fee for Service & the Supports Program: Making the Most of Your Budget
8. Building Employment Skills and Managing Stress On the Job

Registration deadline is Friday, September 11, 2015.

A \$10- late fee will be assessed to all registration forms received after this date.

# Empowered By Self-Advocacy!

## Saturday, September 19, 2015

### DoubleTree Hotel and Executive Meeting Center 200 Atrium Drive, Somerset, NJ 08873

**\*PLEASE NOTE:** EVERY PERSON WHO PLANS TO ATTEND THIS EVENT IS REQUIRED TO COMPLETE A REGISTRATION FORM, DESIGNATE 2 WORKSHOP CHOICES AND PAY \$55.00. THIS INCLUDES STAFF, ADVOCATES, and PARENTS.

\*By completing this registration form, you permit The Arc of New Jersey the free use of my name and picture in any film/ videotape/brochure/newspaper or in reports and promotions of this event or future events.

Please note that the registration **deadline** is September 11th, with a **\$10 late fee** assessed to all registration forms received after the deadline.

First Name: \_\_\_\_\_ ☐ Staff ☐ Self-Advocate

Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

County: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-mail Address: \_\_\_\_\_



## Special Dietary Needs



Purèed Meal	Chopped Meal	Vegetarian Meal	Fruit for dessert
Yes, please!	Yes, please!	Yes, please!	Yes, please!

## Conference Workshops

Please refer to page 2 of the newsletter for workshop choices.

Workshops	Time	Workshop Choices	1st Choice	2nd Choice
AM Workshop	10:15 AM	Workshops 1 - 8		
PM Workshop	11:30 AM	Workshops 1 - 8		

Please mail your completed registration form and \$55.00 payment by **September 11th** to

ATTN: Christine Kenny, New Jersey Self-Advocacy Project,  
985 Livingston Avenue, North Brunswick, NJ 08902

Please make all checks payable to **The Arc of New Jersey**

Credit Card # \_\_\_\_\_

Amex ( ) MasterCard ( ) VISA ( ) Expiration Date \_\_\_\_\_

(Required) Signature x \_\_\_\_\_

# 32nd Annual New Jersey Statewide Self-Advocacy Network

Fall Conference  
Saturday, September 19, 2015

DoubleTree By Hilton

732.469.2600



200 Atrium Drive  
Somerset, NJ 08873

## From Route I-287 North

Take exit 10 for Route 527 New Brunswick/Easton Ave.  
Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue.  
Continue on Davidson Avenue for one half mile and make a left into Atrium Corporate Park.  
Follow to the front entrance of the hotel.

## From Route I-287 South

Take exit 10 for Route 527 Easton Ave/New Brunswick.  
Follow Route 527 North and bear left toward signs for Davidson Avenue.  
At the first traffic light, make a left onto Davidson Avenue.  
Continue on Davidson Avenue for one half mile and make a left into Atrium Corporate Park.  
Follow to the front entrance of the hotel.

## From the New Jersey Turnpike

Take Exit 10 for Metuchen/Edison to I-287 North. Follow directions above for I-287 North.

## From the Garden State Parkway North

Take Exit 127 for I-287 North. Follow directions above for I-287 North.

## From the Garden State Parkway South

Take exit 129 for I-287 North. Follow directions above for I-287 North.





**Members of the New Jersey Statewide  
Self-Advocacy Network are  
EMPOWERED BY  
SELF-ADVOCACY!**

# **ANNUAL T-SHIRT FUNDRAISER**



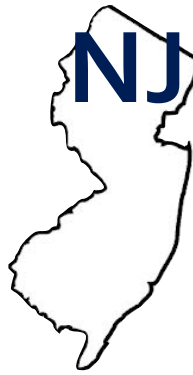
**SIZES AVAILABLE:**

**S - 5XL**

**\$15**

**CASH ONLY**

**T-SHIRTS WILL BE AVAILABLE FOR  
PURCHASE AT THE CONFERENCE.  
SORRY, NO PRE-ORDERS ACCEPTED.**



# NJSSAN Regional Council 2015 Meeting Dates

**Ashley Ritchey**, Advisor for **Councils 1 & 2**, can  
be reached at [aritchey@ArcNJ.org](mailto:aritchey@ArcNJ.org)

## **Council One:**

**Counties:** Sussex, Warren,  
Morris, Hunterdon

**October 15**

**November 19**

**December 17**

## **Council Two:**

**Counties:** Union, Essex,  
Bergen, Passaic, Hudson

**September 24**

**October 22**

**December 10**

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Erin Caprara, Advisor for **Council 3**, can be reached at  
[ecaprara@ArcNJ.org](mailto:ecaprara@ArcNJ.org)

**Counties:** Middlesex, Somerset, Mercer, Ocean and Monmouth

**August 11** at 2320 Camplain Road, Hillsborough, NJ

**September 8** at 710 Hermann Road, North Brunswick, NJ

**October 13** at 150 Oberlin Avenue in Lakewood, NJ

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**Caitlin Burke**, Advisor for **Councils 4 & 5**, can be reached at  
[cburke@ArcNJ.org](mailto:cburke@ArcNJ.org)

## **Council Four:**

**Counties:** Camden,  
Burlington, Gloucester

**October 20**

**November 17**

**December 15**

## **Council Five:**

**Counties:** Atlantic, Cape May,  
Cumberland, Salem

**October 21**

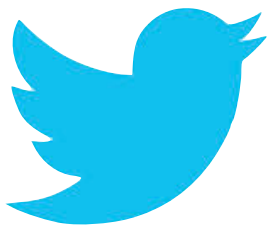
**November 18**

**December 16**

The New Jersey Self-Advocacy Project  
985 Livingston Avenue  
North Brunswick, NJ 08902

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US POSTAGE  
PAID**

**New Brunswick  
New Jersey  
PERMIT #496**



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Like New Jersey Self-Advocacy Project on  
[Facebook](#)

Learn about upcoming **events** and **workshops**.

Find out how you can get involved with the  
**NJSSAN Council** in your area.



We are **empowered** by  
**Self-Advocacy!**